

CURRICULUM CLASSES

JAZZ

Ages: 13-18
Tuesdays, 3-4 pm
\$290 Member | \$315 General *

Jazz is an American dance form, and Vanesa Wiley gives a fabulous class for advanced dancers. Warm-up is followed by stretching, across the floor combinations, and choreography that builds every week.



MODERN

Modern III/IV: Ages 8-12
Tuesdays 6:15-7:15 pm
\$290 Member |
\$315 General per class *

Modern V: Ages 13+
Tuesdays 7:30-9 pm
\$340 Member |
\$365 General *

Modern dance is important training for all dancers.

Miss Vanesa's experience teaching and choreographing this style of dance is extensive, and her classes are fun and energetic. Graham, Cunningham and other modern disciplines are covered.

TAP I

Ages: 5-7
Thursdays, 4-5 pm
\$290 Member | \$315 General *

For the beginner tap student, ages 5-7, Crissy Baker will introduce the basic tap steps, sounds, and timing with structured activities and games. Tap shoes that are not too big are required. Students are strongly encouraged to take a companion dance class.



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TAP II

Ages: 8-11
Thursdays, 5-6 pm
\$290 Member |
\$315 General *

Building on the skills learned in Tap I, students will learn more steps and string them into combinations. It is recommended that Tap Technique is taken as a

TAP III

Ages: 12-15
Thursdays, 6-7:30 pm
\$340 Member | \$365 General *

This class will explore and build on basic rhythms, beats and accents progressing to an intermediate level. Dancers will combine musicality and footwork in basic steps like the Shirley Temple and Buffalo. A variety of music styles will be used. Class will progress at a quick pace. Students are strongly encouraged to take a companion dance class.



TAP TECHNIQUE

Ages 10-15
Mondays, 4:15-5:15 pm
\$240 Member |
\$265 General

Class is designed to provide students additional tap instruction to build on technique and fundamentals of tap.

* Classes perform in the Spring Concert; performance fee included in tuition.

Q & A

Do I have to perform?

There is no requirement to perform at VCD. If you wish to train without performing, we will deduct the performance fee from your tuition if you are enrolling in a class that has a performance piece. You will learn the choreography as part of the class.

I am an advanced Ballet student, but I do not do pointe work. Is there a class for me?

Sure! We welcome all dancers and hope you will join us in the Wednesday Ballet V/VI class, or the Wednesday and Thursday Adult Ballet classes.



Other questions? Email dance@vashoncenterforthearts.org, access our Handbook at: vashoncenterforthearts.org/dance/ or stop into the Blue Heron.

Register at VashonCenterForTheArts.org/dance/ or call 206-259-3005 for more information

SPRING 2019 DANCE CLASS SCHEDULE

FEBRUARY 11 - JUNE 14, 2019



Register at VashonCenterForTheArts.org/dance/ or call 206-259-3005 for more information

SPRING TERM 2019

FEBRUARY 11 - JUNE 14, 2019

UPCOMING PERFORMANCES

ORIGINAL WORKS
Mar 22-25

SPRING DANCE CONCERT
May 31-Jun 2

NEW CLASSES



MEN'S DANCE

Ages: 13-18

Mondays, 5:15-6:30 pm

\$265 Member | \$290 General

This class is for boys looking to dance and strengthen their skills in ballet, taught by our very own pre-professional dancer Duncan Barlow!



CHOREOGRAPHY & IMPROV

Ages: 13-18

Saturdays, 10:30 am - 12:30 pm

\$390 Member | \$290 General

This class is for those looking to learn basics to developing choreography and improv dance with our very own pre-professional dancer Talia Roybal!

ADULT CLASSES



BEGINNING FLAMENCO

Fridays, 5:30-6:30 pm

\$240 Member | \$265 General

Continue your flamenco studies and learn choreography with castanets along with palmas and more advanced foot and arm work.

BALLET

Wednesdays, 2:15-3:15 pm

Thursdays, 6:30-7:30 pm

\$240 member | \$265 general per class

Our two weekly adult ballet classes, taught by island dancer/teacher/choreographer Kathleen Bonner, are focused on technique, choreography, and fun.



POWER BARRE

Tuesdays, 9-10 am

Fridays, 9:30-10:30 am

\$240 member | \$265 general per class

Our combination of ballet principles applied to a fitness workout will have you toned, sculpted, energized and stretched. Tuesdays are taught by island artist Arlette Moody, and Fridays are taught by our director, Vadne White.

CULTURAL DANCE



BAILE FOLKLORICO

Ages 5-9: Baile Folklorico 1

Tuesdays, 5-6 pm

Ages 10-16: Baile Folklorico 2

Tuesdays, 6-7 pm

\$290 Member | \$315 General per class

Nidia Sahagun brings traditional dances of many Mexican states to Vashon. Colorful costumes and traditional music are incorporated into the class.

CURRICULUM CLASSES

Curriculum Classes are progressive classes for the enthusiastic dance student of ballet, modern, tap, and hip hop. We also offer supplemental classes to round-out the dancer's training in jazz, contemporary, and musical theater dance.

All classes held at the Blue Heron Education Center.



CREATIVE MOVEMENT

Ages: 2-4

Wednesdays

3:30-4:30PM

\$290 Member |

\$315 General *

Our Creative Movement class, taught by islander/educator/performer

Meghan Murphy, provides a fun way for children ages 2-4 to develop coordination, explore movement through music, promote imagination, channel energy, stimulate creativity, and make friends.

PRIMARY BALLET

Ages: 4-6

Tuesdays, 4-5 pm

\$290 Member | \$315 General *

Vanessa Wiley, an experienced and popular teacher, teaches the basics of ballet using fun and structured activities.

BALLET I

Ages: 6-7

Wednesdays, 4:30-5:30 pm

\$290 Member | \$315 General *

Vadne White, our Director of Dance, prepares Ballet 1 students for their first performance in the Spring Concert. They learn basic stage skills, how to work as a team, and are taught ballet steps with proper terminology.



BALLET II

Ages: 7-8

Mondays, 4-5 pm

\$290 Member |

\$315 General *

Building upon the content of Ballet I, these students continue their learning journey. They will start class at the

barre, learn how to string steps together into combinations, and work on their part in the Spring Concert.

BALLET III

Ages: 8-11

Tuesdays, 4-5:30 pm

Fridays, 4-5:30 pm

\$340 Member | \$365 General per class *

Spring Concert Rehearsal: Tuesdays, 5:30-6:15 pm

\$215 Member | \$240 General

At this level, dancers train twice weekly for skill acquisition and injury prevention. Dancers will be introduced to turns, more intricate combinations, and proper technique will be a focus. Spring Concert rehearsals are an additional 45-minute session following the Tuesday class.

BALLET IV

Ages: 11-13

Mondays, 5-6:30 pm

Thursdays, 4:15-5:45 pm

\$340 Member | \$365 General per class *

Spring Concert Rehearsal:

Thursdays, 5:45-6:30 pm

\$215 Member | \$240 General

Ballet IV combines elements of pre-pointe and beginning pointe work, as well as intermediate combinations, stretches, turns, and jumps. Twice weekly training is the minimum requirement for skill acquisition, and students are encouraged to take the Ballet III class for supplemental training at no extra cost. Spring Concert rehearsals are an additional 45-minute session following the Thursday class.



BALLET V & VI

Ages: 14+

Pointe Class:

Mondays, 6:30-8:30 pm

\$390 Member | \$415 General *

Barre & Center: Wednesdays, 5:30-7:15 pm

\$365 Member | \$390 General

Spring Concert Rehearsal:

Wednesdays, 7:15-8:30 pm

\$215 Member | \$240 General

This level is comprised of intermediate to advanced pointe work, partnering, controlled adage, adept petit allegro, as well as more

advanced combinations, turns, and jumps. Scholarly articles are shared with students in the areas of conditioning, nutrition, wellness, flexibility, and more. Twice weekly training is the minimum requirement for skill acquisition, and students are encouraged to take the Ballet IV class for supplemental training at no extra cost. Because these dancers have many roles in our productions, rehearsals are an additional session following the Monday and Wednesday classes.

BALLET VII (PRE-PROFESSIONAL)

Mondays, 3-4:15 pm

Thursdays, 3-4:15 pm

\$265 Member | \$290 General per class

Ballet VII is a companion class to Ballet V & VI taught by Vadne White, providing advanced training to dancers who are serious about their craft and have a desire to dance at the professional and/or collegiate level.



HIP HOP

Hip Hop I: Ages 8-11

Fridays, 4:15-5:15 pm

Hip Hop II: Ages 12-14

Fridays, 5:30-6:30 pm

Hip Hop III: Ages 15-18

Fridays, 3:15-4:15 pm

\$290 Member | \$315 General

per class *

Miss Tiffany's hip hop classes are a hit at VCD! She expertly coaches the movements of hip hop to current and old-school tunes. These classes are fun and funky and will help you develop your dance repertoire.

Scholarships Available!

Scholarships make arts education accessible for all! Visit vashoncenterforthearts.org for information.

Returning Students, Scholarship Deadline January 25!

Apply online at vashoncenterforthearts.org/dance/ or call 206-259-3005

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